



THE South Street Sentinel

INCLUDING THE COUNCIL ON AGING NEWSLETTER



WESTMINSTER TOWN BENEFIT DAY! SUNDAY AUGUST 11 11AM-5PM on Academy Hill



WWW.WESTMINSTER-MA.GOV

Neighbors Helping Neighbors is a dedicated all-volunteer, non-profit organization committed to supporting Westminister residents who are facing hardships and financial challenges due to unforeseen circumstances. Our Annual Town Benefit Day is a lively, family-oriented event offering something for everyone! With free admission, all proceeds from the event directly aid families in need in Westminister.

This year's festivities start with a 5k road race, ideal for both runners and walkers to kick off the day. Kids can enjoy a petting zoo, bounce house, carnival games, obstacle course, face painting, and a fast pitch contest, while adults can try their luck at the Chinese and over-the-top auctions, enjoy live music by Fred Ellsworth, and browse the flea market and thrift shop for unique treasures. Don't forget to visit the school supply store to check off those grade-level shopping lists. Plus, there will be plenty of food, including two food trucks, fried dough, and strawberry shortcake to satisfy every appetite. There's truly something for everyone at this event, and we look forward to seeing you there!

CONNECTING AND BUILDING COMMUNITY
WESTMINSTER TOWN HALL

2024-2025



Schoolyear Calendar

Ashburnham Westminster Regional School District - 2024-2025 Calendar

AUGUST (16) 19-20: No School 21-22: No School 23: First Day of School 24: No School 25: No School	SEPTEMBER (21) 2: No School 3: First Day of School 18: No School 19: No School	OCTOBER (23) 14: No School 15: No School	NOVEMBER (17) 8: No School 11: No School 17: No School 18: No School	DECEMBER (11) 22-23: No School	JANUARY (20) 1: No School 19: No School 21: No School
FEBRUARY (12) 8: No School 12-13: No School	MARCH (21) 12: No School Professional Development	APRIL (21) 9: No School Professional Development 21-22: No School	MAY (21) 7: No School Professional Development 22: Last Day for Seniors 23: No School 24: Memorial Day 28: No School 29: Building Year 30: Graduation	JUNE (21) 11: 180 th Day - No School 18: Juneteenth	Superintendent's Office: 978-857-1424 Principal: 978-857-2042 Assistant Principal: 978-857-2042 Counselor: 978-857-2042 J.K. Ridge Elementary School: 978-857-2100 Westminster Elementary School: 978-857-2042 Judy Bell Middle School: 978-857-2100 Columbus Middle School: 978-857-2100 Westminster Middle School: 978-857-2100 Westminster High School: 978-857-2100

Plan ahead for next year by checking out the WES/MHS calendar now! [CLICK HERE!](#)

For the AWRSD District Calendar, please [CLICK HERE!](#)



SAVE THE DATE!
Go Back to School shopping for the 2024-2025 school year at:

The School Supply Store

Sunday, August 11th
Neighbors Helping Neighbors
Town Benefit Day



MEETINGHOUSE & WESTMINSTER ELEM. CLASS SUPPLY LISTS FOR 2024-2025 (SUGGESTED SUPPLIES)



USB HEADPHONES LAST LONGER BUT ALL HEADPHONES ARE ACCEPTABLE

KINDERGARTEN

- USB Headphones
- 4 pack of multi color dry erase markers
- 10 pack Crayola Classic Magic Markers (thick)
- 24 pack Crayola crayons
- Tissue and Clorox wipes are appreciated!

1ST GRADE

- USB Headphones
- Colored pencils
- Crayola crayons (24 pack)
- Pencil boxes
- Tissue and Clorox wipes are appreciated!

2ND GRADE

- USB Headphones
- Crayola Crayons (24 pack)
- Crayola Markers (thick) (10 pack)
- Colored pencils (20 or more in a package)
- 6 glue sticks
- Sharpened pencils
- Pink bar erasers
- 1 pair of scissors
- Dry erase markers
- 2 pencil pouches large enough to hold supplies
- post it sticky notes 3 x 3 (3 pads)
- Tissue and Clorox wipes are appreciated!

3RD GRADE

- USB Headphones
- Crayola crayons (24 pack)
- Crayola markers (10 Pack)
- Colored pencils (20 or more in package)
- Watercolors in an 8 color set
- 6 Glue sticks
- Sharpened pencils (12)
- Erasers
- 1 pair of scissors
- Dry erase markers
- 1 hard, plastic pencil box
- 1 pencil pouch
- 1 one-inch binder
- Composition book (wide-ruled)
- 1 one subject notebook, wide ruled
- 1 green folder, 1 red folder, 1 folder of choice (durable, long-lasting)
- 5 tab plastic dividers with pockets
- Tissue and Clorox wipes are appreciated!

4TH GRADE

- USB Headphones
- Thin Dry erase markers & dry eraser
- 1 pencil case, pencils, erasers
- 12 pack of THIN markers
- 24 pack of Colored pencils
- Scissors
- Glue sticks (multipack)
- Scotch tape (multipack)
- Black sharpies (ultra & fine)
- 24 pack of crayons
- 1 home/school folder-durable and long lasting
- 2 folders (1 green & 1 blue)
- 2 1-subject notebooks (1 green & 1 blue)
- Tissue and Clorox wipes are appreciated!

5TH GRADE

- USB Headphones
- Colored pencils (24 pack)
- Scissors
- Scotch tape (2 rolls)
- Sharpened Pencils (12 traditional)
- Pencil top and block erasers
- Glue sticks (multipack)
- 1- 1 1/2 inch 3-ring binder with pockets. (blue)
- 1 Home/School folder (durable)
- Sticky Notes (3x3)
- 2 folders (1red/1 yellow)
- 1 composition notebook (wide-ruled)
- 1 red single subject notebook (wide ruled)
- Reinforced filler paper
- 1, 3-ring pencil pouch
- Thin dry erase markers & eraser
- Pencil Case
- Black Sharpies (Ultra & Fine)
- Highlighter
- Optional: Hand-held sharpener
- Tissue and Clorox wipes are appreciated!

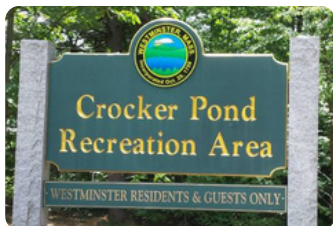


CLICK BELOW FOR
UPCOMING

EVENTS



Work continues along RT 140 from the Princeton Line to Honey Bee Lane. **The hours of operation for scheduled work are 7am-3pm daily.** Expect Police Details, delays and possible detours.



CROCKER POND HOURS OF OPERATION:

10AM-8PM until August 12th
 10AM-7PM August 13th to Closing Day
 Last full week of operations is August 19-23rd
 Pond closes for the season Labor Day, Sept. 2nd



SUMMER&FALL24

Our scenic summit SkyRide is open during all Summer & Fall Events – take a ride! For info & tickets, visit wachusett.com

AUG
10-11

SUMMER FOOD TRUCK FEST

Food Trucks, live music, craft beer, unique vendors, great friends and much more!

AUG
24-25

SUMMERFEST

The celebration of the Summer! Live music, giant lawn games, fun vendors, awesome food, and local beer.

**AUG 30 -
SEPT 2**

MTNSIDE LABOR DAY SALE

Four days of blowout sales on ski/snowboard gear and winter apparel. Live music, Taste-to-Tap beer contest, great food and family fun!

SEPT
14-15

BBQFEST

Family fun, tattoo contests, live music and out-of-this-world food.

SEPT
21-22

KIDSFEST

Sideshowes, magic, walkaround entertainment, clowns, balloons, games, hands-on activities and more.

OCT
5-9

OKTOBERFEST

Celebrate German style! Authentic German beer, specialty foods, live music, stein hoisting, shows, crafters and keg toss.

OCT
10-14

MTNSIDE SALE & SWAP

Craft beer, food truck fare, live music, and family fun. Bring your used equipment to sell for Wachusett credit or buy new!

**OCT 19-20
OCT 26-27**

APPLEFEST

Two weekends of our most popular festival! Live entertainment, peak fall foliage, contests, shows, and apple treats galore.

NOV
2-3

FALL FOOD TRUCK FEST

Join us for great food and Fall fun as we wrap up the 2024 festival season! Food trucks, live entertainment, craft beer, great foliage views and more!



ASHBURNHAM/WESTMINSTER

NATIONAL NIGHT OUT 2024

AUGUST 13, 2024 5:30P-8P

OAKMONT REGIONAL HIGH SCHOOL
9 OAKMONT DRIVE
ASHBURNHAM, MA 01430

TOGETHER, WE ARE MAKING COMMUNITIES
SAFER, MORE CARING PLACES TO LIVE AND WORK



Community

BIKE RODEO
THURSDAY

AUGUST 8, 2024

NOON-1PM

WESTMINSTER ELEMENTARY
SCHOOL PARKING LOT

TO REGISTER: EMAIL SRO MAX
RAMEAU AT
MRAMEAU@WESTMINSTER-
MA.GOV

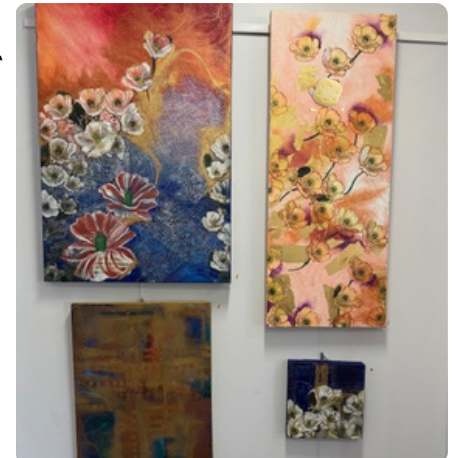
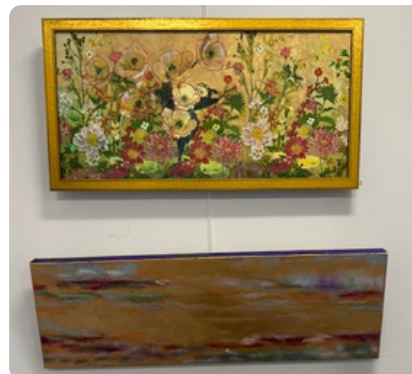
Theresa Marie Buck LITTLE ART GALLERY



Theresa grew up in Massachusetts and graduated from the MA College of Art. She used watercolor as her medium for many years but has recently been exploring oil-pastels, oil-sticks and golf sheets. Her recent series, called 'Restoration' was driven by the path God showed her in restoring and rebuilding. "I love the art of creating and feel that it connects me with the ultimate creator: God. When I'm painting time flies, and my spirit just sings."



AT THE
TOWN HALL





WESTMINSTER FARMERS' MARKET

Open Fridays from 3-6pm
on Academy Hill

Fresh, Local Foods, Friends and Fun!
Bringing you local meats, cheeses,
vegetables, fruits, crafts and live entertainment.

www.facebook.com/westminsterfarmersmarket



The Westminister V.F.W. **Cruise Night**
 every Tuesday thru Summer weather permitting
 5p.m. - dusk 978-874-2424

BAR OPEN • BEER & GRILL
 available outside

FIRE DEPT



NEWS & UPDATES



BOARD OF HEALTH UPDATE



PREVENTING RATS

LIKE ALL ANIMALS, RATS NEED FOOD, WATER, AND SHELTER TO SURVIVE.

TAKING AWAY SOURCES OF FOOD, WATER, AND SHELTER IS THE BEST WAY TO PREVENT RATS FROM MAKING A HOME IN YOUR SPACE

FOR PROFESSIONAL ADVICE AND/OR AVAILABLE TREATMENT OPTIONS, CONTACT A LICENSED PEST CONTROL COMPANY

FOOD

Rats are omnivores and will eat a variety of foods: seeds, grains, garbage, pet food, fallen fruits, nuts, and compost heaps.



WATER

Rats only require roughly 0.5 ounces of water a day, and will drink from standing water sources or leaks in pipes or faucets

SHELTER

Rats often live in underground burrows, but can find shelter in lumber on the ground, bushes, overgrown shrubbery and grasses, rubbish, abandoned vehicles and appliances, and more.

There has been an overall uptick in rodent populations in Massachusetts, but working together with your community can help to reduce these numbers.



- Routinely check for evidence of burrows, droppings, gnaw and rub marks, tracks, nests, and hidden food stashes
- Use rodent-proof containers with tight-fitting lids for all trash, and keep areas around trash and dumpsters clean
- Seal all holes and cracks. Both rats and mice may get through holes as small as a dime

Please reach out to the Westminster Board of Health at 978-874-7409 with any questions or concerns.



Heavy Storms and General Preparations – With the warm summer months, there is always the risk of strong storms. Recently, our area saw some intense winds in Westminster and Ashburnham, with a confirmed microburst that centered in nearby Royalston, causing power outages and damage to trees and wires. These storms serve as a good reminder to make sure you have the essentials to remain self-sufficient for at least three days. If you need help building a kit, please visit [Build A Kit | Ready.gov](http://BuildAKit.gov) for the essentials that every household should have on hand.



Summer Rec

PROGRAM HIGHLIGHTS

Our Summer Rec Program is coming to a close for the 2024 season, but our kids have had a blast! From Glow Day, to Water Day, Tie-Dying, Sports, Pizza and Ice Cream, this was a summer to remember! We cannot thank our amazing counselors enough for all of their hard work in helping to keep our kids safe and happy for the past 4 weeks. See the photos below for some program highlights.



WESTMINSTER presents
PARKS AND RECREATION
SUMMER MUSIC 2024
Concert Series

AUGUST 24TH

THE FINAL MILE

5pm-7pm

ACADEMY HILL

ENJOY S'AMORERAY'S FOOD TRUCK
AND JUNIPER FARMS ICE CREAM TRUCK

OPEN TO ALL & FREE TO ATTEND!
BRING A BLANKET OR CHAIRS

WE ARE LOOKING FOR VOLUNTEERS!

Our Parks & Rec. Dept is very active in the community. But pulling off events takes a lot of hard work and help from people just like you! If you are interested in helping at upcoming events, or getting more involved and working on projects, creating events or attending meetings, we would love to hear from you! Please call 978-874-7461 or email parksandrec@westminster-ma.gov.



Forbush
Memorial Library



TUE-THU: 10AM-8PM
FRI: 10AM-5PM | SAT: 9AM-2PM
SUN & MON: CLOSED

SIGN-UP FOR OUR WEEKLY NEWSLETTER ON OUR WEBSITE: [FORBUSHLIBRARY.ORG!](http://FORBUSHLIBRARY.ORG)

PLEASE PLAN AHEAD, THE LIBRARY WILL BE **CLOSED** ON SATURDAY, AUGUST 31ST FOR LABOR DAY WEEKEND.

Being Robin - The Movie

Screening and Discussion with Roger Kabler

Friday
August 9

Doors open
at 5:45 PM.
Screening
at 6:00 PM.

Eloranta
Room

Please note:
Circulation
Desks will
be closed.



Community
YOGA

TUESDAYS

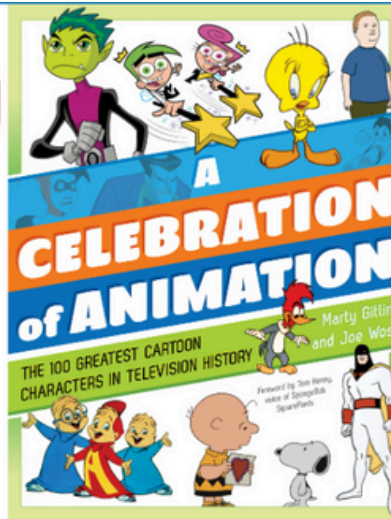
5:30 - 7:15 PM

Author Presentation:
A Celebration of Animation
with Marty Gitlin

Saturday, August 3
10:30 - 11:30 AM
Eloranta Room

Adults, teens, kids... this program
is fun for everyone!

No registration needed. [Click for details.](#)



CHECK FORBUSH LIBRARY
FOR DISCOUNTED
ADMISSION TO MUSEUMS
AND OTHER ATTRACTIONS!

[CLICK HERE TO SECURE
YOUR MUSEUM PASSES](#)

ADULT BOOK CLUB

Ever wonder what would happen if the world was threatened by a giant prehistoric Great White Shark? Then join the adult book club as we discuss "Meg : A Novel of Deep Terror" by Steve Alten. All are welcome to join the discussion, Wednesday August 7th at 6:00 PM.



Let's celebrate the end of Summer Reading with a

BLOCK PARTY!!

Wear your beads to show them off!

Friday
August 2

11:00 AM -
2:00 PM

SUMMER READING 2024
COMMUNITY EVERYWHERE

Forbush
Memorial Library



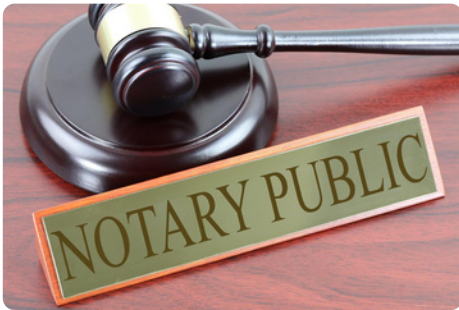
MASSACHUSETTS STATE PRIMARY TUESDAY, SEPT. 3RD

In-person Primary Day voting will take place at the Senior Center, 69 Main Street, from 7:00AM to 8:00PM.

EARLY IN-PERSON VOTING AT THE TOWN HALL:

- Saturday, August 24th: 11:00AM-5:00PM
- Monday, August 26th: 9:00AM-7:00PM
- Tues-Thurs, August 27th-29th: 9:00AM-4:30PM

The Last Day to register to vote in the September 3rd Primary is August 24th!



With election season heating up, we are asking that you please make an appointment for notary services. If the Town Clerk is unavailable please ask someone else as we do have additional notaries

who may be available in the building. But understand that without an appointment, you may have to come back.

If you have not already done so, please register your dogs! Violations will be going out, which will cost an additional \$50 on top of the standard \$25 registration fee.



FY25 1st Quarter Real Estate and Personal Property Tax bills have been mailed out and are due by August 1, 2024. 2nd Quarter payments are due by November 1, 2024.

Town Hall hours are Mon 7am-7pm, Tues-Thurs 7:30am-4:30pm (cash or check only at the counter), and closed Fridays. An after-hours drop box is located in front of the Town Hall for checks only, made payable to the "Town of Westminster". You can also pay at the Online Payments link on our Town website (www.westminster-ma.gov).



FY25 WATER/SEWER BILLS DUE AUGUST 26, 2024

Town Hall hours are Monday 7:00am-7:00pm, Tuesday-Thursday 7:30am-4:30pm, and closed Fridays (cash or check at the counter). After-hours, we have a locked drop box in front of the Town Hall for checks only, made payable to the "Town of Westminster". You can also pay at the Online Payments link on www.westminster-ma.gov, until midnight of the due date. If you do not receive a bill, contact the Treasurer/Collector's Office.

IF YOU HAVE ANY QUESTIONS REGARDING BILLING DATES, RATES, OR USAGE, PLEASE CONTACT THE DEPT. OF PUBLIC WORKS DIRECTLY AT 978-874-5572. MON-FRI 7AM-3:30PM

Welcome **NEW** Owners

Our community would like to welcome the new owners of Stefano's House of Pizza. If you have not yet visited since the changeover, please stop in for a hello and to try things out. See their menu: <https://stefanospizzas.com/>



SOLID WASTE DROP-OFF CENTER HOURS:

Mon: 7:30am-3:00pm
 Tues: Closed
 Wed: Closed
 Thurs: Closed
 Fri: 7:30am-3:00pm
 Sat: 7:30am-1:00pm
 Sun: 9:00am-1:00pm



Permits obtained at the Dept. of Public Works
 2 Oakmont Ave (Mon-Fri 7:00am-3:30pm)



**CLOSED
 MONDAY
 SEPT.
 2ND**
 (and Friday,
 August 30th
 as usual)

Town Calendar						
August						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Never miss another Town meeting! Click the calendar to bring you to our Town Calendar page or visit: <https://www.westminster-ma.gov/calendar/month>

See our job **OPENINGS!**

www.westminster-ma.gov/human-resources/pages/current-positions

CURRENT OPENINGS:

DPW Truck Driver / Laborer - Full Time
 See Details [HERE](#)

BOARD AND COMMITTEE VACANCIES: [CLICK HERE!](#)

Find the Cracker!



Hidden somewhere within this newsletter is a tiny Westminster cracker, just waiting to be found! If you find the cracker, email your full name and answer to parksandrec@westminster-ma.gov and you will be entered into our NEW monthly 'Cracker Contest' where you could win a cool, Westminster-themed prize! The winner will be announced in the next Newsletter!

SHARE YOUR STORY

Please share your news by reaching out to our Community Service Director, Audra Kirtland: akirtland@westminster-ma.gov. Please understand the Town reserves the right to choose what to publish.



Evacuation notices, bio-terrorism alerts, boil water notices, missing child reports, and any other crucial alerts. "Code Red!"



Stay up to date on Town news, alerts and more: 'Town News & Announcements.'



Meetings, concerts, games & more! You can see it all by visiting **Ash-West Community Media**.

TOWN HALL HOURS

Monday: 7:00am-7:00pm
 Tue-Thur: 7:30am-4:30pm
 Friday: CLOSED



TOWN HALL

11 SOUTH STREET
 WESTMINSTER, MA 01473
[EMAIL US](#)





Council on Aging Newsletter




WE WILL BE CLOSED
Labor Day
 Thank You For Your Hardwork



MONDAY
SEPTEMBER 2ND



MASSACHUSETTS
STATE PRIMARY
TUESDAY, SEPT. 3RD

The Senior Center will be closed on Friday, August 30th and Tuesday, Sept. 3rd for set-up and voting of the State Primary Election.

VOTING WILL BE OPEN FROM 7:00AM-8:00PM



COA Board Meeting
 Tuesday
 August 13th
 @ 11:30am



Providing FREE, non-biased health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. Please call 978-874-7402 for an appointment.

HYDRATION & HEALTHY SNACKS



TUESDAY, AUGUST 6TH @ 11:00AM

Join Life Care Centers at the Westminster Senior Center for a presentation on 'Hydration & Healthy Snacks.' This event is limited to 30 people! Please sign-up to reserve your space. Snacks will be provided during the presentation.

YOU'RE INVITED TO AN **ICE CREAM SOCIAL**

12:00PM AUGUST 13TH



PLEASE SIGN-UP
Space is limited to 50 people!

AT THE
WESTMINSTER
SENIOR
CENTER

HOSTED BY



**Veterans
Coffee
Social**

**TUESDAY, AUGUST 13TH
10-11:30AM**

Join area veterans for conversation and refreshments. We ask that only veterans attend this event in order to respect their time in sharing experiences. Feel free to bring pictures, badges, questions and more. **We appreciate all who have or are serving.** Thank you for your service and dedication to our country!



**Shriners
Children's**



COFFEE WITH THE CHIEFS!

THURSDAY, AUGUST 8TH | 10:00-11:00AM

**Acting Police Chief Jason Tamulen
& Fire Chief Kyle Butterfield**



All are welcome to stop into the Senior Center to meet with our Chiefs in a relaxed setting. Feel free to ask questions, voice concerns and share new ideas with other members.



Save your can tabs and turn them into the Senior Center! Dan Leblanc will be collecting and bringing them to Shriners' Hospital in Boston for their can tab fundraiser!



COUNCIL ON AGING SOCIAL TRIPS!

Join fellow Senior Center friends for an exciting experience! Transportation is provided from the Center. We typically coordinate one to two trips per month. We are holding off on scheduling any trips for the month of August, but will be back in action come September with more exciting adventures!

BOOK CLUB - 10:30AM ON AUGUST 5TH



Spend an hour discussing a great current book with a great group of readers!

WOMEN IN THE LIBRARY BY SULARI GENTILL

Award-winning author Sulari Gentill delivers a sharply thrilling read, an unexpectedly twisty literary adventure that examines the complicated nature of friendship and shows us that words can be the most treacherous weapons.

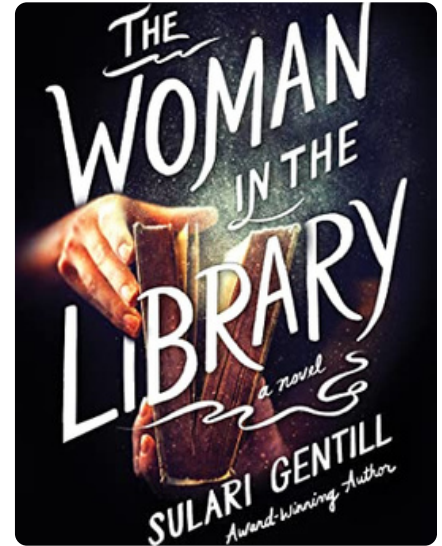
READ AHEAD!

SEPTEMBER: Frozen River by Ariel Lawhon

OCTOBER: Waltham Murders by Susan Clare Zalkind

NEXT MEETING: SEPTEMBER 9TH AT 10:30AM

*Books are
subject to
change based
on readers'
choice.*

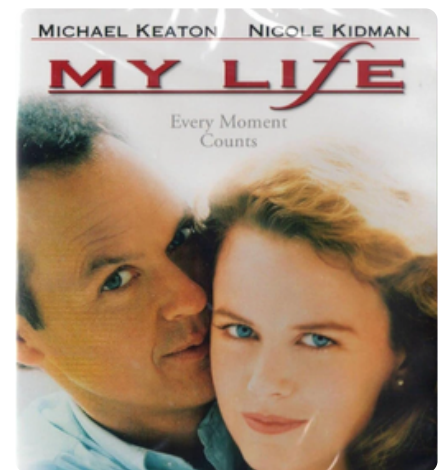


**THURSDAY, AUGUST 22ND
12:00-2:00PM**

**AUGUST SELECTION:
"MY LIFE"**

SUMMARY:

Michael Keaton is a young ad executive who discovers he is dying of cancer, just as he and his wife are expecting their first child. Deciding to make a video of his life as a gift for the child he may never know, he embarks on a journey of self discovery, confronting his painful past.



**There will be no Friendship Club Meeting in August
We look forward to seeing you at our next meeting
on Wednesday, September 4th at 1:00PM!**

**CARD BINGO!
THURSDAY
AUGUST 8TH
1:00-3:00PM**



Invite friends, enjoy coffee and refreshments and win prizes! A lot of fun to be had by all! No Sign-up needed! If you are attending, please **BRING \$5 in QUARTERS!**



WESTMINSTER FARMERS' MARKET

Open Fridays from 3-6pm
on Academy Hill

Fresh, Local Foods, Friends and Fun!
Bringing you local meats, cheeses,
vegetables, fruits, crafts and live entertainment.

www.facebook.com/westminsterfarmersmarket



UKULELE JAM SESSION

The Westminster Strummers meet every week as part of the COA's 'Ukelele Jam' program! Join the fun! Open to both new and experienced players! Singers are also welcome to join in for the fun! This is a great chance to learn a new skill... at any age!

FRIDAY'S 1:00-2:30PM

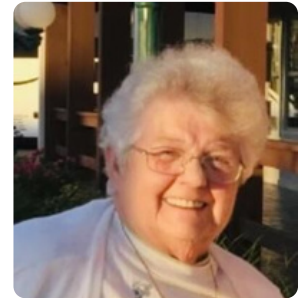


WESTMINSTER TOWN BENEFIT DAY!

5K ROAD RACE * PETTING ZOO * OVER THE TOP AUCTION* FLEA
MARKETS * THRIFT SHOP * FACE PAINTING * BOUNCE HOUSE * KIDS
CARNIVAL GAMES * FOOD TRUCKS * SCHOOL SUPPLY STORE *
STRAWBERRY SHORTCAKE * FRIED DOUGH * OBSTACLE COURSES * LIVE
MUSIC BY FRED ELLSWORTH* CHINESE AUCTION * FAST PITCH CONTEST *
...and more!

WIN GREAT PRIZES! SUPPORT AN IMPORTANT, LOCAL CAUSE! FUN FOR THE WHOLE FAMILY!

SUNDAY AUGUST 11
11AM-5PM on Academy Hill



IN LOVING MEMORY

Constance J.
(Leiter) Stone

*Forever in our hearts
and in our memories.*



**FY25 WATER/SEWER BILLS
DUE AUGUST 26, 2024**

Town Hall hours are Monday 7:00am-7:00pm, Tuesday-Thursday 7:30am-4:30pm, and closed Fridays (cash or check at the counter). After-hours, we have a locked drop box in front of the Town Hall for checks only, made payable to the "Town of Westminster". You can also pay with a debit or credit card at the Online Payments link on www.westminster-ma.gov, until midnight of the due date. If you do not receive a bill, contact the Treasurer/Collector's Office.

IF YOU HAVE ANY QUESTIONS REGARDING BILLING DATES, RATES, OR USAGE, PLEASE CONTACT THE DEPT. OF PUBLIC WORKS DIRECTLY AT 978-874-5572. MON-FRI 7AM-3:30PM

NEED A RIDE?



Consider our Van Services with Drivers Danny B. and Dan N.!

Operating Tuesday-Friday 8:00AM-4:00PM

Small Fee: \$3.00 out-of-town | \$2:00 in-town

Call to set up a ride: 978-874-7402. A 24-hour notice is required.



BONNIE of Baldwinville Skilled Nursing & Rehab Center will provide Bingo Treats on the First TUESDAY of every month.

Thank you Bonnie, Patti, and Brenda!



PATTI of Gables Assisted Living will be providing Dessert at Bingo on the Second Friday of every month!



Join Brenda Albert of LAER Realty on the last Friday of each month from 12-12:30PM for a Q&A Session to help with all your buying /selling realty needs!

FITNESS CLASSES

LINE DANCING CLASS WITH ANNE GILMARTIN

Thursdays 9:30-11:30AM | Sign-up not required
Beginners \$3 (1st hour only) | Improvers \$5 (2 hours)

YOGA WITH PAULA MAGEE

Mondays 9:30-10:15AM | Sign-up not required
This 45-minute class is designed for ALL. No floor work as we will be working standing or seated.

YOGA WITH LORI PUCKO

Fridays from 9:30-10:15AM | Sign-up not required

CARDIO STRENGTH FOR SENIORS

Wednesdays 9:30-10:15AM | Sign-up not required
Bands & balls provided, but participants should bring their own 1-5lb weights. Sneakers are required.



STRETCH & BALANCE with Diane Moore!

Thursdays 10:30-11:30AM / Fridays 10:30-11:15AM



WALKERS OF WESTMINSTER

Join our walking group!

The group meets at the Senior Center every Thursday at 9AM, All YEAR ROUND!

Woodcarvers Group THURSDAYS 9AM-12PM

Art Group TUE, WED, FRI 9-11:30AM

Crafters Group THURSDAYS 1-4PM

S F L I P F L O P S I S L E P
S U N S C R E E N A N U O S I
A U N G U E S T H D O N V W C
B N E G J O C E A N F S S I N
A P O O L J U R Y S U H O M I
R U G U S A T A E U N I H S C
B M G C R E S A M A S N I U S
E E N U F O N S U M M E R I P
C M A A S T O H E T H I N T R
U V A C A T I O N S R H L A I
E R O B I L K R X J O I O U N
I I N S E F I T S F U N P T K
C A R E L A X S U L Y L O L L
E J U N E A C F A M I L Y S E
I C E P O P A H O T S R E L R

AUGUST
BARBECUE
BEACH
FAMILY
FLIP FLOPS
FUN
HOT
ICE CREAM

ICE POP
JULY
JUNE
OCEAN
PICNIC
POOL
RELAX
SHORTS

SPRINKLER
SUMMER
SUNGLASSES
SUNSCREEN
SUNSHINE
SWIMSUIT
VACATION





ACTIVITIES



Monday

Tuesday

Wednesday

Thursday

Friday

JOIN US FOR CONGREGATE MEALS!
SERVED MONDAY THROUGH FRIDAY ~ 11:30 AM
WESTMINSTER SENIOR CENTER
SUGGESTED DONATION \$3
RESERVATIONS REQUIRED BY 10AM PRIOR BUSINESS DAY
PLEASE CALL SENIOR CENTER 978-874-7402

The SHINE Program provides free, non-biased health insurance information and counseling to all Massachusetts residents with Medicare and their caregivers. Please call the Westminster Senior Center 978-874-7402 to make your appointment.

Cold Roast Beef/Cheese* **1
9-11 WOW
9-12 Wood Carving
9:30-11:30 Line Dancing
11:30 Lunch
1-4 Crafts

Chicken Piccata* **2
9-11:30 Art
9:30-10:15 Yoga
11:30 Lunch
1-2:30 Ukulele Jam
-Beginners
1-3 Bingo

Macaroni & Cheese* **5
9:30-10:15 Yoga
10:30-11:30 Book Club
11:30 Lunch
1-4 Mah Jong

Chicken Teriyaki* **6
9-11:30 Art
11:00 Hydration & Healthy Snacks
11:30 Lunch
1-3 Bingo

Hamburger on Bun* **7
9-11:30 Art
9-3 SHINE (by Appt)
9:30-10:15 Cardio Strength
11:30 Lunch
12-3:30 Bridge

Seafood Salad* **8
9-11 WOW
9-12 Wood Carving
9:30-11:30 Line Dancing
10-11 Coffee w/Chiefs
11:30 Lunch
1-3 Card Bingo
1-4 Crafts

BBQ Pulled Pork* **9
9-11:30 Art
9:30-10:15 Yoga
11:30 Lunch
1-2:30 Ukulele Jam
1-3 Bingo

Frittata & Ratatouille* **12
9:30-10:15 Yoga
11:30 Lunch
1-4 Mah Jong

American Chop Suey* **13
9-11:30 Art
10-11:30 Veteran Coffee
11:30 Lunch
11:30 COA Board Mtg
12:00 Ice Cream Social
1-3 Bingo

Chicken Caesar Salad* **14
9-11:30 Art
9:30-10:15 Cardio Strength
11:30 Lunch
12-3:30 Bridge

Vegetarian Chili* **15
9-11 WOW
9-12 Wood Carving
9:30-11:30 Line Dancing
11:30 Lunch
1-4 Crafts

Turkey Pot Pie* **16
9-11:30 Art
9:30-10:15 Yoga
1-2:30 Ukulele Jam
-Beginners
1-3 Bingo

Pasta & Meatballs* **19
9:30-10:15 Yoga
11:30 Lunch
1-4 Mah Jong

Pork w/Mushrooms* **20
9-11:30 Art
11:30 Lunch
1-3 Bingo

Pot Roast* **21
9-11:30 Art
9-3 SHINE (by Appt)
9:30-10:15 Cardio Strength
11:30 Lunch
12-3:30 Bridge

Turkey/Cran Salad* **22
9-11 WOW
9-12 Wood Carving
9:30-11:30 Line Dancing
11:30 Lunch
12-2 Movie Time
1-4 Crafts

Breaded Fish* **23
9-11:30 Art
9:30-10:15 Yoga
11:30 Lunch
12:00 LAER Realty
1-2:30 Ukulele Jam
1-3 Bingo

Marry Me Chicken* **26
9:30-10:15 Yoga
11:30 Lunch
1-4 Mah Jong

Garlic & Lemon Fish* **27
9-11:30 Art
11:30 Lunch
1-3 Bingo

Tortellini Salad* **28
9-11:30 Art
9:30-10:15 Cardio Strength
11:30 Lunch
12-3:30 Bridge

Beans & Hotdogs* **29
9-11 WOW
9-12 Wood Carving
9:30-11:30 Line Dancing
11:30 Lunch
1-4 Crafts

ELECTION SETUP

CLOSED FOR ALL ACTIVITIES

