



THE South Street Sentinel

Including the Council on Aging Newsletter



WWW.WESTMINSTER-MA.GOV



The Town of Westminster is thrilled to announce the attainment of a *AAA Bond Rating* from S&P Global Ratings. This is the **highest possible rating a municipality can receive** and this recognition reflects our strong fiscal management, prudent financial practices, and steadfast commitment to excellence. It instills confidence in our community and positions Westminster as an example of financial stability.

This achievement reflects not only the sound financial stewardship of our town but also the collaborative spirit that defines us. From the dedicated town employees who diligently manage our finances through their collective expertise, to the countless volunteers who give their time, each one of you has played a crucial role in elevating Westminster to this esteemed status.

Receiving a AAA Bond Rating is a recognition of our town's fiscal responsibility, transparency, and successful planning for the future. This accomplishment reflects our shared values and the remarkable things we can achieve when we come together as one community.

~Stephanie Lahtinen, Town Administrator

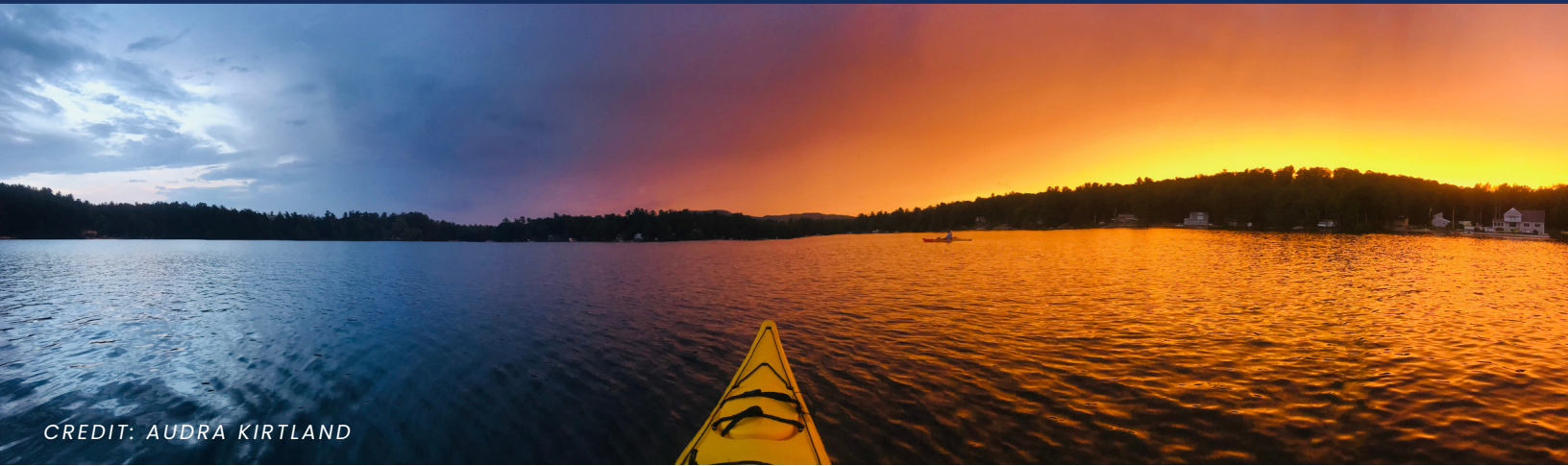


CONNECTING AND BUILDING COMMUNITY

WESTMINSTER TOWN HALL

11 SOUTH STREET, WESTMINSTER, MA 01473 | COMMUNITY SERVICES: (978) 874-7461 | [EMAIL US](#)

2023 TOWN REPORT - CALL FOR PHOTOS!



CREDIT: AUDRA KIRTLAND

It's that time of the year when we produce our **2023 Annual Town Report** and we need your beautiful photos of our community! These photos will not only be for the Town Report, but also to appear on our Town website's home page slideshow over the course of 2024.

We are looking for:

- Event Pictures: Town Benefit Day, Trick or Treat, Farmer's Market, Summer Band Concerts, Memorial Day Parade, Bonfires, Cracker Festival, Crocker Pond, Holidays, etc.
- Outdoor Life: Any wildlife around town, beautiful scenery, sunsets, sunrises, hiking trails, farms
- Seasonal Photos: winter, spring, summer and fall!

The list is endless, so please along what you have... just be sure the photos are from/of Westminster!!

Please email your photos (along with a name for credit) to Tamie: tchiarelli@westminster-ma.gov

Hard copies of the 2023 Town Report featuring your photos will be available at the Town Hall, Library and Senior Center the first week of May 2024. You can also go to the town's website to see if your photo is on the main page, as we post to 6 to 7 at a time and change them periodically.

Please find our 2021 and 2022 (awarded 2nd place from the MA Municipal Association) by going to: <https://www.westminster-ma.gov/select-board-town-administrator/pages/annual-town-reports>



Cultural Council Seeks Artists... Events Continue!

First opened in January of 2020, The gallery features the work of local artists on a monthly (or two) basis and can be viewed during regular Town Hall hours on the first floor of the lobby.



Do you know anyone who may be interested in displaying their artwork (photography, paintings, etc.) in the Little Gallery? If so, please reach out to Audra: 978-874-7461, or search 'Little Gallery' on the Town website.

NEXT UP

On the 2024 WCC Calendar...

Westminster PTO presents a "Virtual Visit" for WES and MHS students!

On March 22, award-winning author and illustrator, Peter Reynolds, will virtually visit classrooms to share his experiences as an author!



Welcome **NEW** Businesses



Our community recently gained two new Food & Beverage Businesses on Main Street! If you have not yet had the chance to visit S'AMORERAY'S in the plaza behind Vincent's, or VICTORIA'S COFFEE next to the Pharmacy, please stop in for a bite or a beverage!



2024 Summer Farmers' Market Applications Available!

Are you or is someone you know interested in becoming a vendor at the **2024 Farmers' Market on Academy Hill**? Now is the time to start the process by filling out an application!

The market runs from **May thru October on Friday afternoons** from 3-6pm and offers fresh produce, meats and cheeses, baked goods and prepared foods, along with hand-made crafts and more! There is also live music every week! Consider joining this annual tradition in 2024!



[2024 WFM RULES & REGS](#)

[2024 CRAFTERS' APP](#)

[2024 PRODUCERS' APP](#)

THE WESTMINSTER HISTORICAL COMMISSION "GOLDEN KEY AWARDS"



AWARD RECIPIENTS WILL BE CHOSEN IN MAY OF 2024
CATEGORY 1: HOMES | CATEGORY 2: PUBLIC BUILDINGS & BUSINESSES

Nominations can be sent to:

Historical Commission PO Box 456 Town Hall, Westminster, MA 01473

Please Include:

- Public Building / Business / Homeowner's Name AND Address
- Describe the restoration/renovation project and explain why
- you think this is a good example of historic preservation
- What change has this project made in the the neighborhood?
- When was the projected started? Completed?

The Golden Key Awards are presented to local homeowners, public building business owners/volunteers who have chosen to conduct renovation work in a manner that preserves, honors and enhances architectural beauty and integrity. If you have a seen a project in town that you feel is noteworthy of accolades, please consider a nomination!





FIRE DEPT NEWS!



January 19, 2024

Privates Zachary Racicot and Jeremy Salo graduated from Paramedic School in Cambridge at PRO Center for Medics.



January 19, 2024

Jeremy was awarded the **Outstanding Student Award** for the entire class.



January 26, 2024

Private Steve Robinson graduated from the MA Firefighting Academy class S35. He received the **Richard N. Bangs Award** given to the most outstanding student who excels in academic & practical skills.



January 23 - **Working Fire - 65 Shady Ave**
Photo Credit (Officer Porpora)

The above picture catches a house fire in which aid was delivered on scene initially by Westminster Police Department, followed by mutual support from Westminster, Gardner, Fitchburg and Leominster Fire Departments. Additional station coverage was provided by Hubbardston and Ashburnham. These team efforts are essential to our communities and we are all lucky to have such unified support.



Kindergarten Registration for the 2024-25 School Year is Open!



Children who turn five years old on or before August 31, 2024 are eligible to register for kindergarten. You can find the registration link at www.awrsd.org or by clicking the QR code below.

If you have questions or require assistance to register, please reach out to Margaret Cooley in the Central Office at 978-827-1434 or enrollment@awrsd.org.

Kindergarten screenings will take place May 21-23, 2024 during the school day (9:00 AM - 2:00 PM). Once your child is **fully registered** for kindergarten, you will receive a link to sign up for a screening slot. An orientation to the Kindergarten program (including classroom visits and a bus ride) will be scheduled in late August prior to the first day of kindergarten.



RECREATION



The Town of Westminster has a wealth of recreation opportunities serving all age groups and all abilities. With 7,610 acres of permanently protected land (32% of the Town's land area), there are numerous places to hike, snowshoe and commune with nature. The links below will take you to the web pages for the Town's recreation-related boards and committees, recreation plans, maps and regional partners. We invite you to explore all that Westminster has to offer for recreations.....ENJOY!! [CLICK HERE](#) OR THE RECREATION BUTTON ABOVE FOR MORE DETAILS AND LINKS!



Thank you to Westminster PD for capturing this beautiful shot on Academy Hill on the morning of Feb. 9th!

!!MARK YOUR CALENDARS NOW!!



Welcome to Westminster

Join us for a community gathering to talk about life in our town!

Thursday, April 4, 2024
6:30 – 7:30 pm

Forbush Memorial Library
118 Main Street

- Meet town leadership
- Check out what's happening and find places to explore
 - Farmers market
 - Hiking trails
 - Church fairs
 - Band concerts
 - Town-wide yard sale
- Identify youth & senior activities



Questions: altobellim260@comcast.net Subject Library Welcome

DAYLIGHT SAVING TIME

SUNDAY, MARCH 10TH



+1h
Spring Forward

HEADS UP! WE ARE PLANNING A BUS TRIP TO MOHEGAN SUN ON KENTUCKY DERBY DAY - MAY 4TH! MORE TO COME IN NEXT MONTH'S ISSUE!

Golf'n Gamblesm



GRAB YOUR FRIENDS! IT'S TOWN DAY AT THE WOOSOX ON APRIL 7TH



Throughout the season, the WooSox will host different towns in Central and Western Massachusetts at Polar Pak for "Town Takeover" Nights. Tickets purchased for each "Town Takeover" night will benefit a non-profit from that town. At the end of the season, the town with the largest turnout will be rewarded with a trophy and special recognition.

PRINCETON & WESTMINSTER DAY - APRIL 7

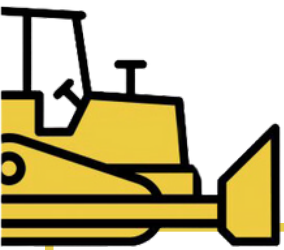
[HTTPS://FEVO.ME/PRINCETONWESTMINSTERTT](https://fevo.me/princetonwestminstertt)



SCAN THIS QR CODE
WITH YOUR PHONE TO
BUY YOUR TICKETS NOW!

BUY YOUR TICKETS NOW!

Westminster has chosen 'Neighbors Helping Neighbors' to be the beneficiary for this event!



DEPARTMENT OF PUBLIC WORKS

Let's Talk Septic Systems!

Spring-Ready Tips for a Smooth Transition!

As we welcome the season of renewal, it's time to ensure your septic system is ready for the changes that come with Spring. Here are some essential tips to help you maintain a healthy septic system:

- **Pumping Inspection:** Schedule a professional inspection and pumping (if needed).
- **Landscaping Awareness:** Avoid planting trees or shrubs with invasive roots near your system.
- **Keep It Clear:** Ensure the area above your septic tank and drain field remains clear of heavy vehicles, structures, or excessive soil cover.
- **Inspect the Drain Field:** Check for soggy or odorous areas in your drain field.
- **Maintain Records:** Keep records of septic system maintenance, inspections, and any repairs.
- **Learn the Basics:** Educate yourself and your family about septic system care, so everyone knows what can and cannot be flushed or poured down the drain.

By following these tips and staying proactive, you can ensure a trouble-free spring season for your septic system, keeping your home and environment clean and healthy!

TOWN OF WESTMINSTER FLAG POLICY



As of a vote on February 5, 2024: The Selectboard authorizes the following flags to be flown on Town-owned flagpoles, as an official expression of the Town's governmental speech, to which the strictures of the First Amendment do not apply:

- The official flag of the United States of America
- The official flag of the Commonwealth of MA
- The official flag of the Town of Westminster

No other flags shall be allowed to be flown on Town of Westminster owned flagpoles, as those flagpoles and this policy are not intended to establish or serve to create a forum for private expression.



BOARD OF HEALTH UPDATES

WELL MORATORIUM LIFTED

At the Board of Health meeting on January 17, 2024, the Board of Health voted to lift the Well Moratorium in the PFAS study area. Please check our website for information:

WWW.WESTMINSTER-MA.GOV/BOARD-HEALTH-0

REMINDER!

Get your septic system pumped every 3 years! Ask your pumper if you have an effluent filter in your tank, if you do, they should clean it off!

REMINDER!

Test you well water yearly! Reach out to a Mass-DEP Certified Lab for sample bottles and recommended testing.

The Board of Health voted to approve 2 new regulations at the meeting on February 7, 2024:

- The Westminster Board of Health Regulations for Body Art Establishments
- The Westminster Board of Health Regulations for Lodgings (Short Term Rentals, Hotels, Motels, and Bed & Breakfast

These will be effective April 1, 2024. Please reach out to the office for copies of the regulations or with any questions!



Planning Board

The Planning Board is gearing up to update the Town's **Master Plan** at the end of March. Public input will be critical. Please stay tuned for additional information on how you can get involved!

EXCITING NEWS ON THE WAY SOON!

We are very close to breaking ground on our new Senior Housing Development, located behind the Senior Center.



Forbush Memorial Library



TUE-THU: 10AM-8PM
FRI: 10AM-5PM
SAT: 9AM-2PM
SUN & MON: CLOSED

FIND US ON SOCIAL



OR VISIT US ONLINE TODAY!

FORBUSHLIBRARY.ORG

TECH THURSDAYS

Starting at 6PM

A casual drop-in event for anyone needing assistance with their computers or mobile devices.



ADULT BOOK CLUB

Next meets on Wednesday, **March 6th at 6PM** to discuss the graphic novel "**Yellow Submarine**" inspired by the Beatles 1986 animated movie of the same name. All are welcome to join as we journey to a land with yellow diamonds in the sky!

ONGOING KIDS ACTIVITIES

Every third Thursday @ 4:00
Fists & Fiends
(tabletop roleplaying game-ages 7+)
Most Tuesdays @ 10:30
Storytime (ages 3+)
Most Wednesdays @ 10:30
Babytime (ages 0-2)

A NEW CATALOG IS COMING IN MARCH... MEET ASPEN!

Our library catalog will be getting an upgrade in early March to bring you a better online browsing experience. The new features include search suggestions, spell check, and grouped records to make finding your next read even easier!

All of your current checkouts and holds will carry over to the new system. When you log in to the new catalog, you will sign in with your pre-existing library card number and PIN/password; if you have any difficulty accessing your account, please contact your library for assistance. Your lists and reading history can be imported from the old catalog once you log in for the first time, but may look different due to the way our content will be displayed in the new catalog.

COMING SOON!

We are working on a series of events to celebrate the upcoming SOLAR ECLIPSE on April 8th.

Sat 4/13 @ 11: Storytime with Renegade Wrestling Alliance (3+)

Tues 4/16 @ 10:30: Earth Day Celebration of Indigenous Peoples with Ray LaChance (Nouba Tewk Tomakwa) (ages 6-10)

Wed 5/22 @ 3:30: Homeschool Showcase & Curriculum Swap



To reach Parks & Rec, please Contact:
parksandrec@westminster-ma.gov



Are you looking for a fun, enjoyable, part-time summer job? Consider becoming a 2024 Town Summer Camp Counselor!

**CAMP COUNSELOR
APPLICATIONS
WILL BE AVAILABLE
IN EARLY MARCH**

Please check the town website for more details and a link to the application. Returning counselors do need to complete a new application.





To all things Westminster!

SHARE YOUR STORY

If you have an article, story, or update you think would be informative or enjoyed by residents, please reach out to Audra Kirtland, Community Services Director: akirtland@westminster-ma.gov. Please understand the Town reserves the right to choose what to publish.



If you would like to sign up for updates from our local emergency response team in the event of emergency situations or critical alerts, please click **CodeRED**. Examples: evacuation notices, bio-terrorism alerts, boil water notices, and missing child reports.



To receive this newsletter electronically in the future, along with options for updates on other important messages from the Town of Westminster, sign up for Town News & Alerts. This newsletter will be under the option 'Town News & Announcements.'



Want to attend certain meetings but can't physically make it to the Town Hall? Want to relive the action from a child's recent concert or sports game? Or see an interview with a community member? You can do all of these through **Ash-West Community Media**.



OFFICE OF THE TOWN CLERK

2024 **Census Forms** are
Due back to the Town Hall

2024 **Dog Licenses** are
due by April 15th

Mark your calendar for our
Annual Town Election on
Tuesday, April 30th &
Annual Town Meeting on
Saturday, May 4th



TREASURER/COLLECTOR

The Town of Westminster **Excise Tax** bills for 2024 are due by Monday, March 11, 2024. If you do not receive your bill in the mail, please contact the Treasurer/Collector Office. If you have any questions, please contact the Assessor's Office at 978-874-7401 Monday 7am-7pm or Tues-Thurs 7:30am-4:30pm.

Bills can also be paid online by going to www.westminster-ma.gov or by dropping a check off in our lock box located at the Town Hall entrance.

REAL ESTATE EXEMPTION APPLICATIONS DUE TO THE ASSESSOR'S OFFICE BY APRIL 1ST



PRESIDENTIAL PRIMARY MARCH 5TH

Voting will be open at the Senior Center,
located at 69 West Main Street

Town Calendar						
March						
S	M	T	W	T	F	S
	3	4	5	6	7	1
10	11	12	13	14	15	2
17	18	19	20	21	22	3

See our job **OPENINGS!**

Never miss another Town meeting! Click the calendar to bring you to our Town Calendar page or visit: (<https://www.westminster-ma.gov/calendar/month>)

We have multiple open positions available. Please click the image above to to see our current openings.



TOWN HALL HOURS

Monday: 7:00am-7:00pm
Tue-Thur: 7:30am-4:30pm
Friday: CLOSED



TOWN HALL

11 SOUTH STREET
WESTMINSTER, MA 01473
[EMAIL US](mailto:info@westminster-ma.gov)

www.westminster-ma.gov





Council on Aging Newsletter

Growing old is inevitable, but growing up is optional!



PLEASE MAKE A NOTE THAT THE SENIOR CENTER WILL BE CLOSED
ON THE FOLLOWING DATES FOR ELECTION SET-UP AND VOTING:

MARCH 4 & 5: PRESIDENTIAL PRIMARY | APRIL 29 & 30: TOWN ELECTION

THANK YOU FOR YOUR UNDERSTANDING! PLEASE REMEMBER TO VOTE!



**JOIN US FOR A ST. PATRICK'S DAY
THEMED MORNING BREAKFAST!**

TUESDAY, MARCH 12TH FROM 9-10AM

Hosted by our friend, Bill O'Connor, enjoy complimentary breakfast sandwiches and coffee, along with a fun game of **'IRISH TRIVIA'** with PRIZES! Sign-up at or call the Senior Center to reserve your spot. Space is limited! Always a great event.



NEED A RIDE?



Consider our Van Services!
Operating Tuesday-Friday
8:00Am-4:00PM

Small Fee: \$3.00 out-of-town | \$2:00 in-town
Please call the Senior Center to set up a ride at 978-874-7402. A 24-hour notice is required. Our amazing drivers are Danny B. and Dan N.



Westminster Council on Aging | Senior Community Center
69 West Main Street, PO Box 212, Westminster, MA 01473 | (978) 874-7402
Council on Aging Director, Susan Fisher: sfisher@westminster-ma.gov

MONTHLY BOOK CLUB

Spend an hour discussing a great current book with a great group of readers! The Senior Center Book Club typically meets on the 1st Monday of the month at 10:30am!

March 11th*: **Jojo Moyes' *The Giver of Stars***

Based on a true story rooted in America's past, *The Giver of Stars* is unparalleled in its scope and epic in its storytelling. Funny, heartbreaking, enthralling, it is destined to become a modern classic – a richly rewarding novel of women's friendship, of true love, and of what happens when we reach beyond our grasp for the great beyond."
~Goodreads *Please note the date change to March 11th due to election set-up on the 4th.

April 1st: ***Mad Honey*, Jodi Picoult & Jennifer Finney Boylan**

Read ahead! The Club will be discussing *Mad Honey*. This is a soul-stirring novel about what we choose to keep from our past, and what we choose to leave behind.



Friendship CLUB

MARCH 6TH

Meet at 1:00PM

!!WELCOME BACK!!

Wear Something Green!

Bring an Irish Dessert!

Let's play a game of:

"Guess Who I Am!"

There are no strangers here, only friends you haven't met yet!



In Memory Of...

Doris R. Draleaus

AND

Irene R. Landry

The Senior Center community and staff wish to extend our heartfelt sympathy to the families and friends of Doris and Irene. They will be missed by all who knew them.

"Gone from our sight, but never from our hearts."

UKULELE JAM SESSION



This group meets every **Friday in March from 1:00PM–2:30PM**. Join the fun! Open to both new to ukulele and experienced players! Singers are also welcome to join in for the fun! *Beginner-specific/focused sessions will take place on March 1st, 15th & 29th.*



COFFEE WITH THE CHIEFS!

THURSDAY, MARCH 14TH | 10:00–11:00AM

Acting Police Chief Jason Tamulen & Fire Chief Kyle Butterfield

All are welcome to stop in to the Senior Center to meet with our Chiefs in a relaxed setting. Feel free to ask questions, voice concerns and share new ideas.



Brenda
the **Albert Team**
LAER REALTY PARTNERS
REALTORS
Exceptional Service Before, During & After the Sale

Join Brenda Albert, Realtor, LAER Realty Partners, on the last Friday of each month from 12–12:30PM. Brenda provides honesty, integrity, and enthusiasm. Brenda's specialties include buyers' agent, listing agent, relocation, consulting, property management, and senior transitions. All are welcome for a social question and answer session with Brenda. Sign-up not required.



2024 SMOKE & CARBON MONOXIDE DETECTOR INSPECTION PROGRAM

The Westminster Fire Department is providing **FREE Carbon Monoxide and Smoke Detector inspections and replacements** for Westminster residents. To participate in this program, please call the Westminster Senior Center: 978-874-7402. Please provide your name, street address, and phone number. The Fire Department will contact you directly to schedule a visit. Be sure to take advantage of this valuable program for the safety of yourself and your loved ones... fur-babies included!



SHINE (SERVING THE HEALTH INSURANCE NEEDS OF EVERYONE)

SHINE will be at the Westminster Senior Center every **FIRST** and **THIRD** Wednesday of the month. SHINE representatives provide **FREE, UNBIASED and CONFIDENTIAL** counseling assistance to Medicare beneficiaries, their families, and caregivers. To make your personal appointment with SHINE, please call the Westminster Senior Center at 978-874-7402. SHINE is here to help ease the burden of healthcare!

SOCIAL TRIPS!



Wednesday, March 13



The Old Mill - Westminster

Join your fellow Senior Center friends for lunch! We have two outings scheduled for March to two great local establishments!

Transportation is provided from the Center, leaving at 11:45AM. There is limited seating on the bus for these trips, so sign-up early!

Wednesday, March 27



O'Connors - Worcester



OFFICE OF THE TOWN CLERK

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2024 **Dog Licenses** are due by April 15th

Mark your calendar for our **Annual Town Election** on Tues., April 30th & **Annual Town Meeting** on Sat., May 4th



TREASURER/COLLECTOR

Excise Tax bills are due by Monday, March 11, 2024. If you do not receive your bill in the mail, please contact the Treasurer/Collector Office. Bills can also be paid online by going to www.westminster-ma.gov or by dropping a check off in our lock box located at the Town Hall entrance.

REAL ESTATE EXEMPTION APPLICATIONS ARE DUE APRIL 1ST

Edward Jones
MAKING SENSE OF INVESTING

Next Session: April 19th

Tuesday, March 19 @ 9:30

Join the Edward Jones team for a MassHealth discussion while you enjoy a complimentary breakfast and get your questions answered!

FREE 'FILE OF LIFE' FOLDERS ARE AVAILABLE AT THE SR CENTER

These folders are designed to be kept on your refrigerator as an alert to medical personnel during an emergency situation. They contain your medical information, emergency contacts, medications and dosages, and much more. During times of stress, it can be difficult to remember this information. **These files could save your life, or the life of a loved one!** Pick yours up today!



ONGOING ACTIVITIES...

LET'S GET OUR *Game On!*

JOIN US FOR A VARIETY OF BOARD/CARD GAMES

CANASTA	WEDNESDAYS	9-11 AM
PITCH	WEDNESDAYS	1-3 PM
CRIBBAGE	THURSDAYS	9-11 AM
SCRABBLE	THURSDAYS	1-3 PM
MAH JONG	MONDAYS	1-4 PM
BINGO	TUES/FRIDAYS	1-3 PM
BRIDGE	WEDNESDAYS	12-3:30 PM



FITNESS CLASSES

DUST OFF THOSE BOOTS FOR LINE DANCING CLASS WITH ANNE GILMARTIN

Thursdays 9:30-11:30AM | Sign-up not required
Beginners \$3 (1st hour only) | Improvers \$5 (2 hours)

RELAX AND REJUVINATE AT YOGA WITH PAULA MAGEE

Mondays 9:30-10:15AM | Sign-up not required
Join Paula to add physical and emotional strength,
flexibility, and balance to your daily activity.
This 45-minute class is designed for ALL. No floor
work as we will be working standing or seated.

FIND YOUR HAPPY PLACE DURING YOGA WITH LORI PUCKO

Fridays from 9:30-10:15AM | Sign-up not required

CARDIO STRENGTH FOR SENIORS

Wednesdays 9:30-10:15AM | Sign-up not required
Join Paula Magee in this fun, 45-minute class that
includes cardiovascular endurance, muscular
strength, and balance. Bands & balls provided, but
participants should bring their own 1-5lb weights.
Sneakers are required and water is encouraged!



Inclement Weather Reminder!

With inclement weather still a possibility
this winter season, a reminder that the
senior center only closes if the town hall
closes; however, the buses will not run if
the schools are closed. You can always call
the senior center to confirm: 978-874-7402.



WALKERS OF WESTMINSTER

Do you like to go for walks? Would you like to
expand where you walk or who you walk with?
Consider joining the Walkers of Westminster! **The
group meets at the Senior Center every Thursday
at 9AM, All YEAR ROUND! All are welcome!**



Woodcarvers Group

THURSDAYS
9AM-12PM



Art Group (Painting, etc)

TUE & WED 9-11AM
FRIDAYS 9-11:30AM



Crafters Group (Knitting, etc)

THURSDAYS 1-4PM

HAPPY St Patrick's DAY

ST. PATRICK'S DAY WORD SEARCH

c i r e l a n d s i p
j s w e u m a r c h t
p f p a c u h s d a r
f a o i k a c p s r a
a o t u y h e a h t i
l e p r r e c h a u n
u m a a i t r r m w b
i e r r o c e s r x o
r r a s d l k p o t w
i a d g g o l d c h n
s l e a r v l l k t d
h d s c h e s a i n t
k w e e r r e f r i e
h c g o h o l n t f k

Irish
Emerald
Clover
Lucky
Ireland

Parade
Leprechaun
Patrick
Gold
Rainbow

Pot
Shamrock
Green
Saint
March

SUNDAY, MARCH 17TH

DAYLIGHT SAVING TIME

SUNDAY, MARCH 10TH



First Day of
SPRING

TUESDAY, MARCH 19TH



SUNDAY, MARCH 31ST

IT'S SHOWTIME!

THURSDAY, MARCH 28TH | 12:00-2:00PM

Join us for a movie on the big screen! Relax and enjoy in a comfortable setting with popcorn and drinks provided. A 1952 Romantic Comedy/Drama, The Quiet Man stars John Wayne and Maureen O'Hara. Sign-up by March 26th.



TUESDAY, MARCH 12TH | 10-11:30AM

Join area veterans for conversation and refreshments. We ask that only veterans attend this event in order to respect their time in sharing experiences. **We appreciate all who have or are serving.** Thank you for your service and dedication to our country!

CARD BINGO! THURSDAY, MARCH 14TH | 1:00-3:00PM

Invite friends, enjoy coffee and refreshments and win prizes! A lot of fun to be had by all! No Sign-up needed! If you are attending, please **BRING \$5 in QUARTERS!**





ACTIVITIES



Monday

Tuesday

Wednesday

Thursday

Friday

JOIN US FOR CONGREGATE MEALS!

SERVED MONDAY THROUGH FRIDAY -- 11:30 AM
WESTMINSTER SENIOR CENTER

SUGGESTED DONATION \$3
RESERVATIONS REQUIRED BY 10AM PRIOR BUSINESS DAY
PLEASE CALL SENIOR CENTER 978-874-7402



**Sunday
March
17**

**Sunday
March
31**



*Bean & Veggie Stew 1
9-11:30 Art
9:30-10:15 Yoga
11:30 Lunch
1-2:30 Ukulele Jam
-Beginners
1-3 Bingo

ELECTION SETUP

**SENIOR CENTER
CLOSED FOR
ALL ACTIVITIES**

ELECTION

**SENIOR CENTER
CLOSED FOR
ALL ACTIVITIES**

*Honey Garlic Chicken 6
9-11 Canasta
9-11:30 Art
9-3 SHINE (by Appt)
9:30-10:15 Cardio Strength
11:30 Lunch
12-3:30 Bridge
1-3 Friendship Club
1-3 Pitch

*Turkey w/Gravy 7
9-11 WOW
9-11 Cribbage
9-12 Wood Carving
9:30-11:30 Line Dancing
11:30 Lunch
1-3 Scrabble
1-4 Crafts
2-4 GGAA

*Broccoli Egg Bake 8
9-11:30 Art
9:30-10:15 Yoga
11:30 Lunch
1-2:30 Ukulele Jam
1-3 Bingo

*Sweet/Sour Meatballs 11
9:30-10:15 Yoga
10:30-11:30 Book Club
(Barbara Friedman)
11:30 Lunch
1-4 Mah Jong

*Chicken Piccata 12
9:00 Life Care Breakfast
9-11:30 Art
10-11:30 Veteran Coffee
11:30 Lunch
1-3 Bingo

*Corned Beef & Cabbage 13
9-11 Canasta
9-11:30 Art
9:30-10:15 Cardio Strength
11:30 Lunch
11:45 Social Trip
12-3:30 Bridge
1-3 Pitch

*BBQ Pulled Pork 14
9-11 WOW
9-11 Cribbage
9-12 Wood Carving
9:30-11:30 Line Dancing
10-11 Coffee w/Chiefs
11:30 Lunch
1-3 Scrabble
1-3 Card Bingo
1-4 Crafts

*Macaroni & Cheese 15
9-11:30 Art
9:30-10:15 Yoga
11:30 Lunch
1-2:30 Ukulele Jam
-Beginners
1-3 Bingo

*Breaded Chicken 18
9:30-10:15 Yoga
11:30 Lunch
1-4 Mah Jong

*Ravioli w/Marinara 19
9-11:30 Art
9:30 Edward Jones Breakfast
11:30 Lunch
12:00 COA Board Mtg
1-3 Bingo
FIRST DAY OF SPRING!

*Brown Sugar Pork 20
9-11 Canasta
9-11:30 Art
9-3 SHINE (by Appt)
9:30-10:15 Cardio Strength
11:30 Lunch
12-3:30 Bridge
1-3 Pitch

*Salisbury Steak 21
9-11 WOW
9-11 Cribbage
9-12 Wood Carving
9:30-11:30 Line Dancing
11:30 Lunch
1-3 Scrabble
1-4 Crafts

*Garlic Herb Salmon 22
9-11:30 Art
9:30-10:15 Yoga
11:30 Lunch
1-2:30 Ukulele Jam
1-3 Bingo

*Pot Roast 25
9:30-10:15 Yoga
11:30 Lunch
1-4 Mah Jong

*Beans & Hotdog 26
9-11:30 Art
11:30 Lunch
1-3 Bingo

*Cobb Salad 27
9-11 Canasta
9-11:30 Art
9:30-10:15 Cardio Strength
11:30 Lunch
11:45 Social Trip
12-3:30 Bridge
1-3 Pitch

*Chicken Pot Pie 28
9-11 WOW
9-11 Cribbage
9-12 Wood Carving
9:30-11:30 Line Dancing
11:30 Lunch
12-2 Movie Time
1-3 Scrabble
1-4 Crafts

*Spinach Lasagna 29
9-11:30 Art
9:30-10:15 Yoga
11:30 Lunch
12-12:30 LAER Realty
1-2:30 Ukulele Jam
-Beginners
1-3 Bingo
~ GOOD FRIDAY ~

*Happy
Birthday*

TO ALL OUR SENIORS
CELEBRATING IN
MARCH!

BONNIE of Baldwinville Skilled Nursing & Rehab Center will be providing Bingo Treats on the First Friday of every month!
Thank you Bonnie!



PATTI of Gables Assisted Living will be providing Bingo Dessert on the Second Friday of every month! **Thank you Patti!**



HAPPY ST. PATRICK'S DAY!

"MAY YOUR BLESSINGS OUTNUMBER THE SHAMROCKS THAT GROW, AND MAY TROUBLE AVOID YOU WHEREVER YOU GO."



**Next COA Board Meeting
Tuesday, March 19th @12 noon**